



# SAFE SLEEP CHECKLIST

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1

Has the product been recalled?

YES

NO

?

2

Has it been tested to meet mandatory safety standards?

YES

NO

3

Does it have extra padding, soft surfaces, heavy coverings or cords?

YES

NO

4

Does the marketing imply that sleeping on the tummy or sleeping with others is safe? Does it say that it prevents SIDS or other health issues? Does it recommend not to leave the baby unattended even when sleeping?

YES

NO

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5

Does it go against the AAP ABC's of safe sleep? Alone, on Back, in a bare Crib?

YES

NO

6

Does it have restraints or cords and is intended for sleep?

YES

NO

7

Does it monitor baby vital signs?

YES

NO

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8

Does it add additional products to a sleep environment?

YES

NO

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Look for answers on the back!



# SAFE SLEEP CHECKLIST

**1** **NO**

One to two children's products are recalled a week. Check your products for recalls at CPSC.gov and on the go by visiting KidsInDanger.org from a smartphone.

**2** **YES**

Danny's Law requires strong standards for infant and toddler durable products such as cribs, bassinets and playyards. Use products that meet those standards.

**3** **NO**

Just remember: soft is NOT safe - it is dangerous when it comes to a baby's sleep environment. No bumpers, extra padding or blankets.

**4** **NO**

Babies sleep safest on their backs. Any sleep surface should be tested to a strict safety standard and be safe for unattended sleep. No product can claim to reduce the chance of SIDS. The only preventative measure is following the AAP's safe sleep guidelines.

**5** **NO**

These are what is currently accepted as best safe sleep practices- Alone, on back, and in a Crib. Also, overheating is a contributing factor to SIDS so heavy blankets should be avoided.

**6** **NO**

Restraints and cords both pose a strangulation risk for unattended babies.

**7** **NO**

These should be only under a doctor's care. Again, this is designed to put parents' worries at ease, but the overall effectiveness is questionable. As a result, parents are putting additional products into their baby's sleep space that we don't know adequately work.

**8** **NO**

The A of ABC stands for alone, as in baby should be alone in the crib, play yard, or bassinet and no other products should be in the sleep space with them.

Learn more at [www.KidsInDanger.org](http://www.KidsInDanger.org)